

**PENN HERSHEY SPORTS TRAINING CENTER**  
**WAIVER AND RELEASE FROM LIABILITY-ADULT AND MINOR PARTICIPANT**

In consideration of being allowed to participate and/or to have their child or children allowed to participate in any athletic/sports training or other event sponsored at **Penn Hershey Sports Training Center**, and any related events and activities, and intending to be legally bound, the undersigned, for themselves, their heirs, children and personal representatives agree as follows:

1. The undersigned agree that, prior to participating, they each will inspect the facilities and equipment to be used and if they believe anything is unsafe, they will immediately advise their coach or supervisor of such condition(s) and refuse to participate.
2. The undersigned acknowledges, fully understand and agree that each participant will be engaging in activities that inherently involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from the inherent dangers of the activities and competition, but also from their own actions, inaction or negligence, as well as from the actions, reactions and negligence of others, and as a result of the rules of play, or the condition of the premises or of any equipment used.
3. The undersigned agree that they voluntarily assume all risk of harm and loss and accept personal responsibility for all the damages flowing from any injury, permanent disability or death, for both themselves and their minor children participating in any sports training or other event or activity held at the **Penn Hershey Sports Training Center**.
4. The undersigned hereby release, waive, discharge and covenant not to sue the owners or **Penn Hershey Sports Training Center**, it's affiliated clubs, its respective administrators, managers, directors, agents, coaches, shareholders, and employees, sponsoring agencies, sponsors, advertisers and owners and lessors of premises who conduct any event, all of whom are herinafter referred to "Releasees," from demands, losses or damages stemming from any injury, including death or damage to property, caused or alleged to be caused, in whole or in part, from negligence or otherwise. Further, on behalf of themselves and their children and minor children, the undersigned agree to defend, hold harmless and indemnify all Releasees from any claims or suit of any kind having to do with use of **Penn Hershey Sports Training Center** and fully understand that even if their children or someone else on their children's behalf were to make such a claim or sue Releasees that in that event shall be the responsibility and obligation of the undersigned to defend, hold harmless and indemnify Releasees from any and all such claims, judgements, legal actions or liability, Also, the undersigned hereby acknowledge that they had a full opportunity to have an attorney of their choice review this document with them and to fully explain to them the full meaning of this waiver and release and that by signing this waiver and release they are representing that they fully understand it.

THE UNDERSIGNED HAVE READ THE ABOVE WAIVER AND RELEASE,  
UNDERSTAND THAT THEY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT,  
AND SIGN IT VOLUNTARILY AND INTENDING TO BE LEAGALLY BOUND.

Date: \_\_\_\_\_

By: \_\_\_\_\_

Child/Participant

By: \_\_\_\_\_

Parent of Authorized Guardian